

% vf8n jf yk|af6 x'g| gfS; fgl sd ug| pkfox;

- vf8n jf yk|hf0{ ; w} 3fd / kfglaf6 hfufpg' k5{ To; sf| nflu 5fgsf| Joj :yf jf knfli6sn] 5f|gkb5 .
- j iff| en vf8n jf yk|df k:g lbg' xbg / d'qnf0{ allg lbg' xbg .

^ dn /dfj; lu slxg ul/g| pkfox;

- vf8ndf 7ls tfkqnd / lr:ofg xgkb5 . lr:ofg sd ePdf kfgl 5sg' kb5 .
- dn agfpg| kb|y{ a9L sfj goQm ePdf d'qsf| kpf|u a9fpg' kb5 .

& dn 9'fgl ubf{ b|v af/Ldf k'/bfpbf; Dd Wofg lbg' kg|

- dnnf0{ v|taf/Ldf nu| nfd| ; do; Dd ykfg{ xbg . ykfg{g|k|df Ps} 7fpbf yk|L /Vgkb5 / of| yk|hf0{ df6fh| of :ofpfn] 5f|g' kb5 .

* dn lkn|fpbf Wofg lbg' kg| s'/fx;

- dnnf0{ hldgd| lkn|fP/ ; fxl lbgdf g| hf|g' k5{ . dnnf0{ ; Sg lbg' xbg k|nk|hsf|au} fdf af|sf|j l/kl/ sh; f| kf/L dn /fv| kl/lbg' kb5 .

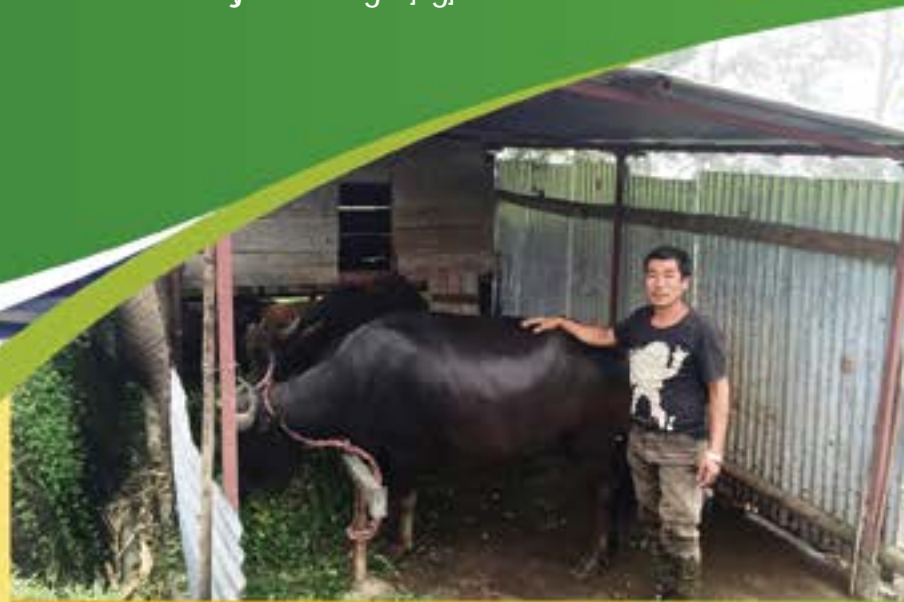
(uf|dnn] gk|df

- uf|dnn] dfq gk|sf| cj :ydf cfo ; G|nt dnx? xflg ; ls65 . e"-lfo sd u/fpg' kb5 .

!) u0f: tl/o uf|dn ; bkof|usf| nflu

- lk; fj v| hfg glbg| 3fdkfglaf6 lft xg glbg| kfs|sf|j f /fd|L sX|sf|dn kpf|u ug| dnnf0{g; 'sfpg| / uf0j : t' 5f8f g5f|bg| .

भकारो तथा गोठेमल व्यवस्थापनमा सुधार



; kf|; gkfn

#(v, ; b{dfu{ aa/dxn sf7df08f; gkfn

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info@sappros.org.np

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भकारो तथा गोठेमल

त्यवस्थापनमा सुधार

uf0{ e} l tyf c6o kfnt' kzx; h:tll e}f, afvf, ; u/ cflbsfj dnd'qnf0{ kz' cxf/f tyf 3f; kftsf ar}sf jf cjzjf, :ofpnf, kts/, ; fQ/ cflb; u ld; f0{uf7 glhs} /5fgdf /fv/ agf0Psfj kfEfl/s dnnf0{ uf7}dn of ufa/dn elg65 . uf7}dn gkfnsf ufdlof lfqdf k/Dk/fb}v v}tlkftldf kpfju ul/g} dVo kfEfl/s dn xfl . of uf7}dn jf uf7/dnnf0{ tn n}vP adf}hd Joj :yfkqdf ; wf/ ug{ kb5 .

s_ 3fd, kfgl / enaf6 dnnf0{ hfufP/ jf arfP/ /fVg' kb5 .

v_ d'qsfl /fdj; u Joj :yfkq u/ ; bkofju ug{ kb5 .

u_ dn v}taf/ldf n}hfg' cl3 jf v}taf/ldf nlu; skl5 klg 3fddf ; 'sfpg' xbg .

3_ ; fQ/sfj a9L ;] a9L pkofju ug{ / dn /fVg} -yfkq} 7fpdf g} /fd/L slxg} u/L Joj :yt u/ /fVg' kb5 .

a_ uf7 jf esf/fj / dn knfng} jf /fVg} 7fpdf} cej xgxbg, kofft / pkoQm 7fpf xg' kb5 .



गोठ तथा रघ्यान सुधार

(भकारो सुधार) त्यवस्थापन

s_ /5bfg 3/, s6/fj, uf7}sfj glhs ?vdgl tyf 5foff kg} 7fpdf agfpg' kb5 .

v_ /5bfg vfN8f, cw{ vfN8f of ykf} b} } lsl; dsfj agfpg ; ls65 .

u_ /5bfg cf^gf} cij Zostf cg; f/sf} cfsf/sf} agfpg ; ls65 . ; fwf/oftof sfd ug{ ; lhnf}sf} nflu o; sf} rf}f0{ @-^ ld6/ / n}af0{ \$-!) ld6/ of cf^gf} cfj Zostf cg; f/sf} /fVg ; ls65 . vfN8f} agfpg} xfl eg} ulx/f0{ ! ld6/ e6bf a9L agfPdf kn6fpg tyf dn lgsfng uxf} x65 .

3_ o; sf} jl/k/L aflx/af6 en gk; fj; \ eg/ sh} fj agfpgk5{ of kvf}, cfnln} 3}gkb5 .

a_ ; a}e6bf dxlj k0f} s'/f o; nf0{ 3fd kfglaf6 hfufpg 5fgf, 5fkf} xfn}gkb5 . 5fgf} xfn}g g; s} knfli6sn} eP klg 5f}gkb5 .

r_ lff} b}v /lfg vfN8f; ld hldf xg} u/L d'q all} gfnl agfpg' kb5 h:n}ubf{ uf7}dn u0f: t/lo agb5 .

5_ ; wf/LPsf} cfwglS sl; ldsfj uf7 agfpg' kb5 .



@= 3f, kftsfj Joj :yf

- uf0{j : thf0{gn / k/fn; u sfj ; / xl/of 3f, x? klg lbg} ug{ kb5 .
- gn k/fn jf 3f, x?df sltdf @% k}tzt sfz}fnlsf 3f, xgkb5 .
- afx} dlxgf xl/of} 3f, sfj k}w ug{ kb5 .
- dn ykf} 7fpf uf7/af6 glhs xgkb5 .

; fQ/x?sfj Joj :yf

- d'q ; fj; g} vfnsf ; fQ/ kpfju ug{ kb5 .
- au/ v/ hfg} d'qnf0{ ; sng ug{ sh} ; fj / ; fgf} vf8n agfpg' kb5 .
- lk; fj ; fj; g} k}z: t ; fQ/ geP ; Vvf df6f} klg kpfju ug{ ; ls65 .

\$ d'qsfl ; bkofju

- sd; }sd () k}tzt d'q ; sng ug{ kb5 . o; sf} nflu sh} }af6 d'qnf0{ 5\$} vf8ndf hldf ug{ kb5 .
- 5\$} vf8n geP sd; }sd *) k}tzt d'q l; w} dn vf8ndf hfg} u/L sh} }af6 k7fpg' kb5 . o; fj ubf} dnvf8ndf /fdj; u vflb65 / gf0}hngsf} lfltnf0{ sd ub5 .

गोठेमल बनाउँदा तथा प्रयोग गर्दा

ध्यान दिनु पर्ने कुराहरू

! 7fpdf} 5gf}b

- pkoQm: yfg jf 7fpdf} 5gf}b tyf dn agfpg} ; fdu}sf} 5gf}b ug{ kb5 .
- dn ykf} 7fpf uf7/af6 glhs xgkb5 .
- vf8n jf ykf}hf0{ j iff / 3daf6 arfpg' kb5 .
- kfglsf} >ft glhs xg' kb5 .